



The Canning Division of General Practice loans out Ambulatory Blood Pressure Monitoring (ABPM) equipment free of charge to those practices within the Division whose GPs are Division Members.

In a patient with hypertension, 24-hour blood pressure monitoring has substantial appeal. It yields multiple blood pressure readings during all the patient's activities, including sleep, and gives a far better representation of "blood pressure burden" than might be obtained in a few minutes in the practice. The Division has five monitors for this purpose which allows general practices to provide a valuable and convenient service to your patients.

Staff at the Division are available to train your practice nurse in the use of the equipment and will:

- Download the computer program on to your computer
- Illustrate the use of the program
- Delivery the equipment to you each time you loan it
- Collect the equipment at the end of the loan period

You will need to:

- Book your patients requiring assessment of their blood pressure
- Explain to your patients what to do while wearing the monitor
- Take off the Ambulatory Blood Pressure Monitor and download the blood pressure information
- Ensure the patients return for the results to be reviewed by the GP

The equipment must to be booked in advance with the Division and is usually loaned to practices for a week's duration but this is negotiable.

For further information please contact **Carolyn Green** or **Rosemary Harris on 9458 0505**.