

Meet New
People!

Guest
Speakers

- Are you over 50?
- Do you have a health condition?
e.g. diabetes, heart disease, arthritis etc...
- Do you want to meet new
people and learn more about
living a healthy lifestyle?

If so, then the
Belmont Live Life Club
is for you.

Live Life Club

A healthy lifestyle club for seniors — New members welcome

Come and join us for interactive presentations on a variety of health topics presented by experts.

Enjoy meeting new people in a welcoming and friendly environment.



Belmont Live Life Club

Where: Training Room
Youth & Family Services Centre ~
275 Abernethy Rd, CLOVERDALE

When: Fourth Thurs of every month

Time: 10.00am - 11.30am

Cost: \$3.00 (price includes raffle tickets
and morning tea)

Contact

For more information please contact Ann or Noelleen
Canning Division of General Practice on **9458 0505**

